

Lectio Divina



Lectio Divina for the Second Week in Ordinary Time

We begin our prayer:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Almighty ever-living God,
who govern all things,
both in heaven and on earth,
mercifully hear the pleading of your people
and bestow your peace on our times.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.

(Collect, Second Sunday in Ordinary Time)

Reading (*Lectio*)

Read the following Scripture two or three times.
John 1:35-42

John was standing with two of his disciples, and as he watched Jesus walk by, he said, “Behold, the Lamb of God.” The two disciples heard what he said and followed Jesus. Jesus turned and saw them following him and said to them, “What are you looking for?” They said to him, “Rabbi” — which translated means Teacher —, “where are you staying?” He said to them, “Come, and you will

see.” So they went and saw where Jesus was staying, and they stayed with him that day. It was about four in the afternoon. Andrew, the brother of Simon Peter, was one of the two who heard John and followed Jesus. He first found his own brother Simon and told him, “We have found the Messiah” — which is translated Christ —. Then he brought him to Jesus. Jesus looked at him and said, “You are Simon the son of John; you will be called Cephas” — which is translated Peter.

Meditation (*Meditatio*)

After the reading, take some time to reflect in silence on one or more of the following questions:

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.

Prayer (*Oratio*)

Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.



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Contemplation (*Contemplatio*)

Read the Scripture again, followed by this reflection:

What conversion of mind, heart, and life is the Lord asking of me?

“Behold, the Lamb of God.” When have I felt the presence of God most strongly? How can I be more attentive to seeing Christ in the people I meet?

They stayed with him that day. How committed am I to spending time with Jesus in prayer? How can I make time in my schedule to spend more time with the Lord?

Then he brought him to Jesus. When was the last time I invited someone to join me at church? How can I be more intentional about sharing my faith?

After a period of silent reflection and/or discussion, all recite the Lord’s Prayer and the following:

Closing Prayer:

I have waited, waited for the LORD,
and he stooped toward me and heard my cry.
And he put a new song into my mouth,
a hymn to our God.

Sacrifice or offering you wished not,
but ears open to obedience you gave me.
Holocausts or sin-offerings you sought not;
then said I, “Behold I come.”

“In the written scroll it is prescribed for me,
to do your will, O my God, is my delight,
and your law is within my heart!”

I announced your justice in the vast assembly;
I did not restrain my lips, as you, O LORD, know.

(From Psalm 40)

Living the Word This Week

How can I make my life a gift for others in charity?

This week, stay with Jesus for an hour, sitting in prayer before the Blessed Sacrament.

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